

# **Left Main Bifurcation PCI: Merged Analysis using the Largest Real-World Left Main Database**

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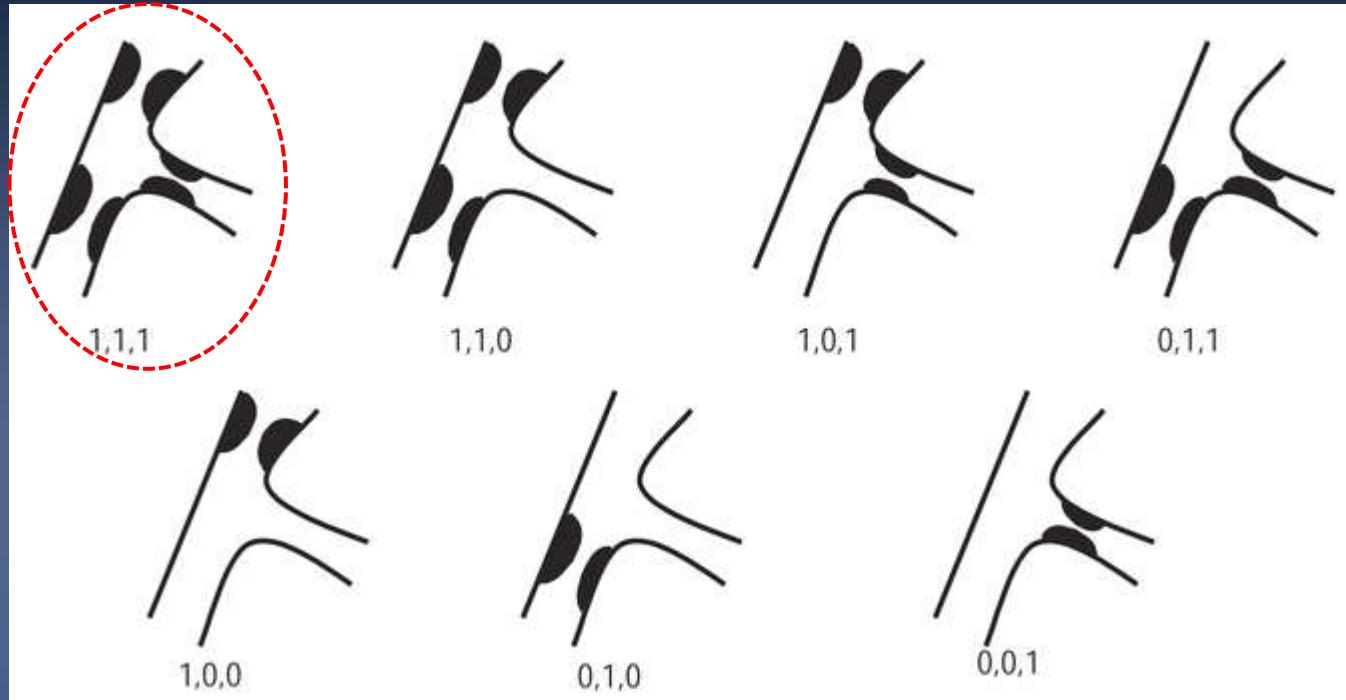
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# Disclosure

- Nothing to disclose

# Anatomic Diversity of Bifurcation PCI

## Anatomic concept; the Medina classification



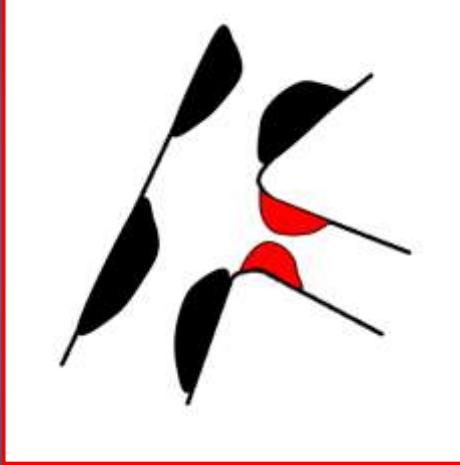
The Medina classification can provide useful information to decide bifurcation PCI strategies.

In bifurcation lesions, Medina (1,1,1) lesion is one of the most challenging lesion subsets.

# Even in the True Bifurcation Lesion: Media (1.1.1) lesion...



Focal moderate lesion in SB



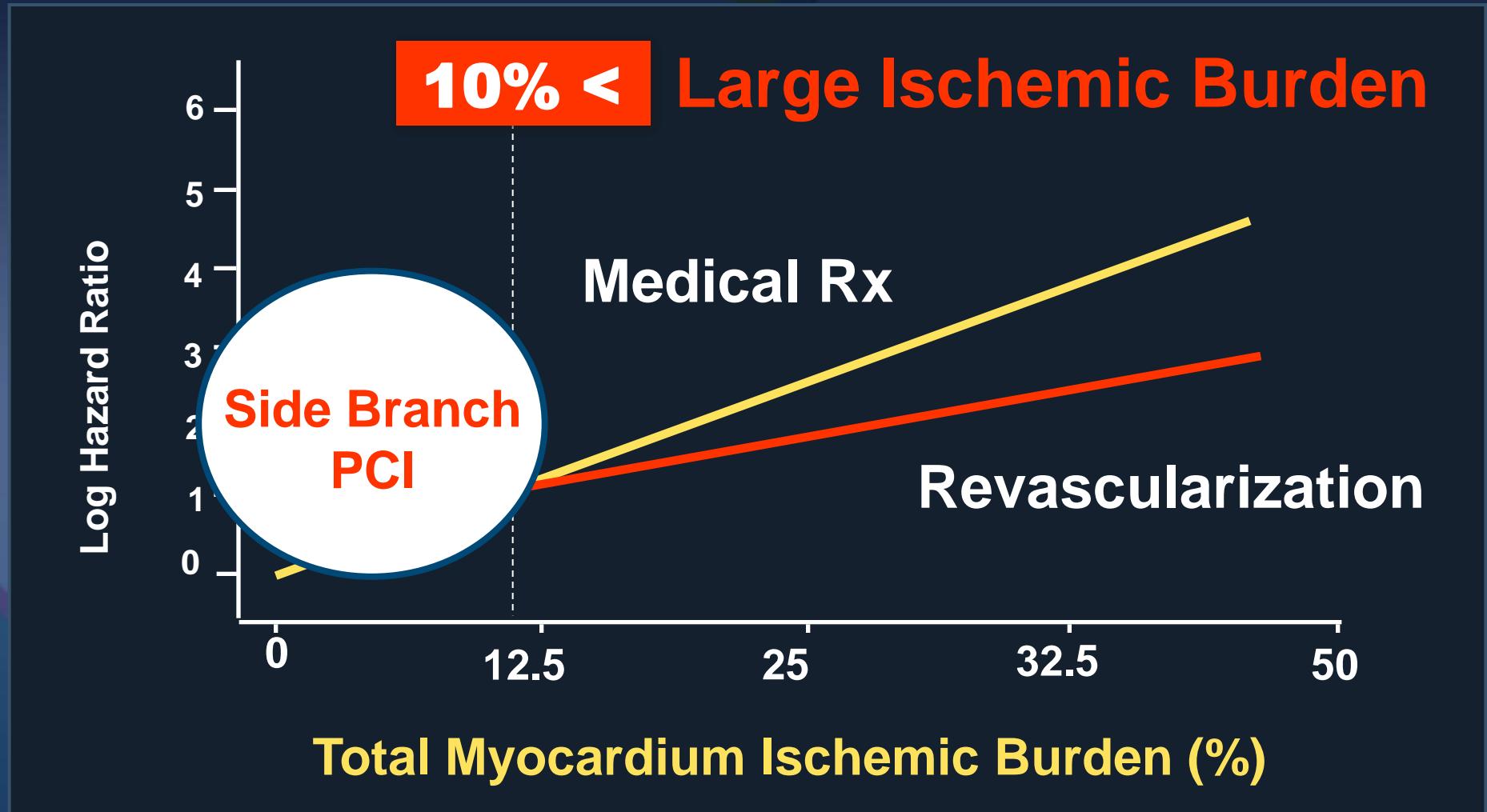
Focal severe lesion in SB



Diffuse lesion in SB

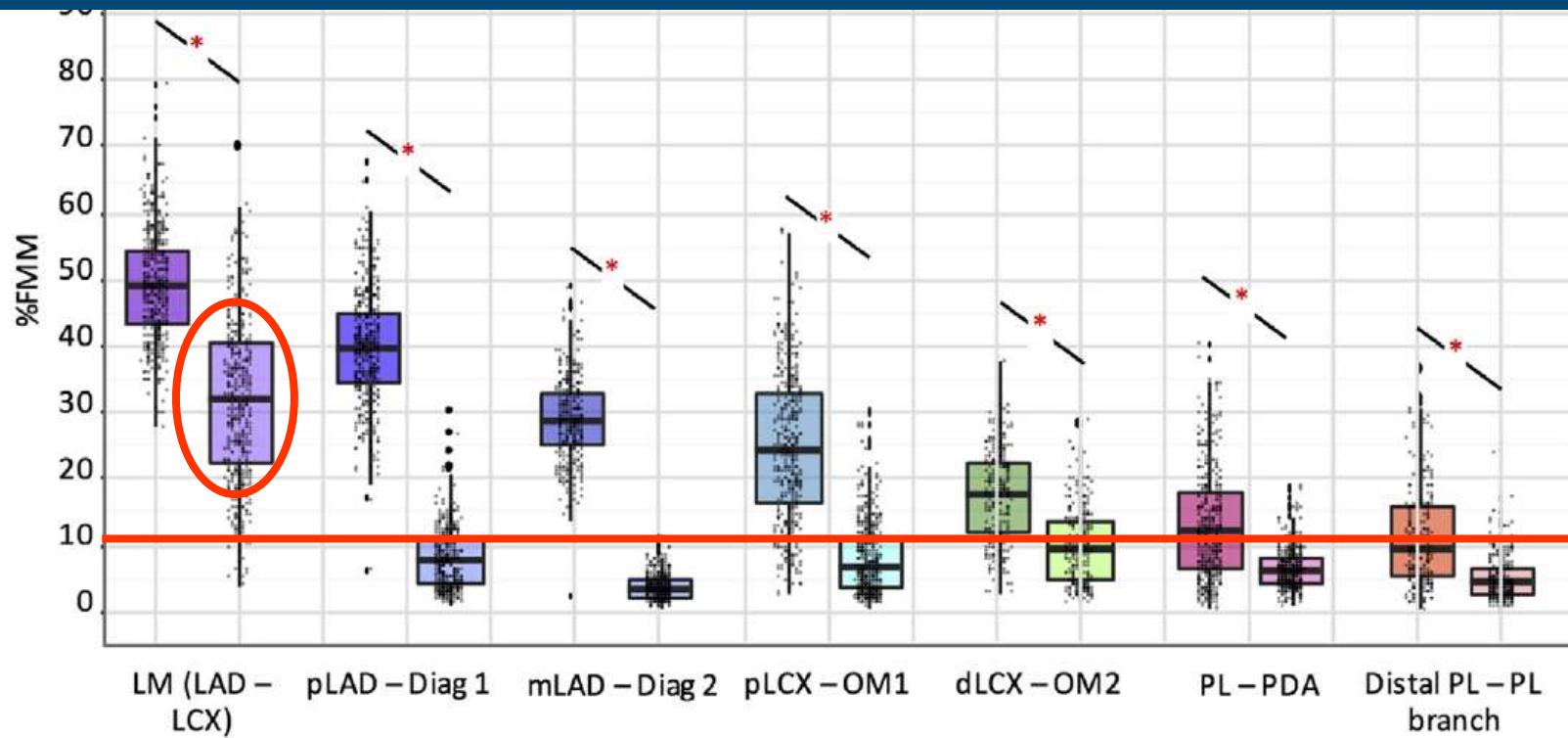
Anatomic Variability of Bifurcation Lesions:  
“No two bifurcations are identical”

# Survival Benefit of Revascularization



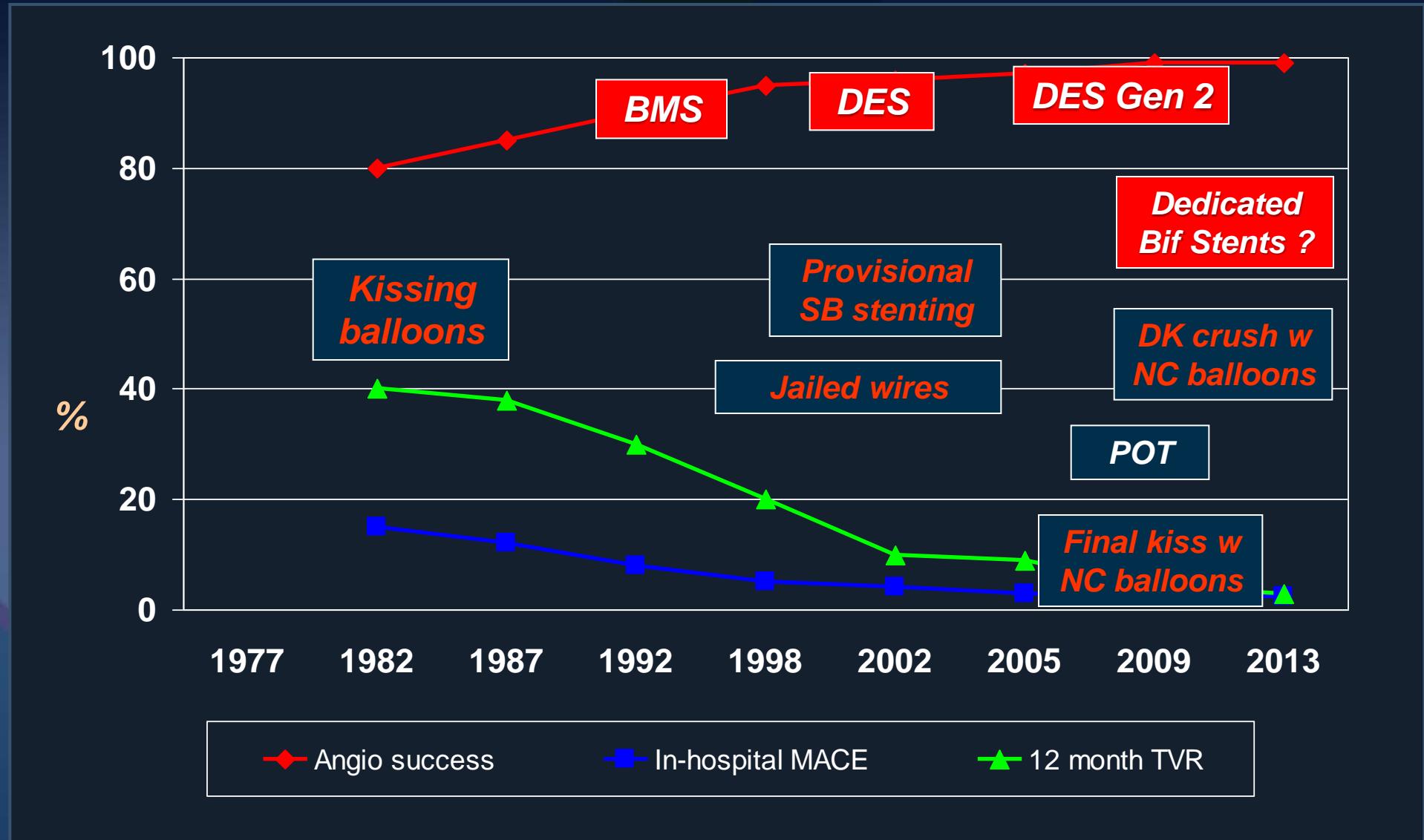
# CT-FFR: Myocardial Mass >10%

**LCX-Supplied Myocardial Mass >>10%:  
“Do Not Ignore Anymore”**



10%

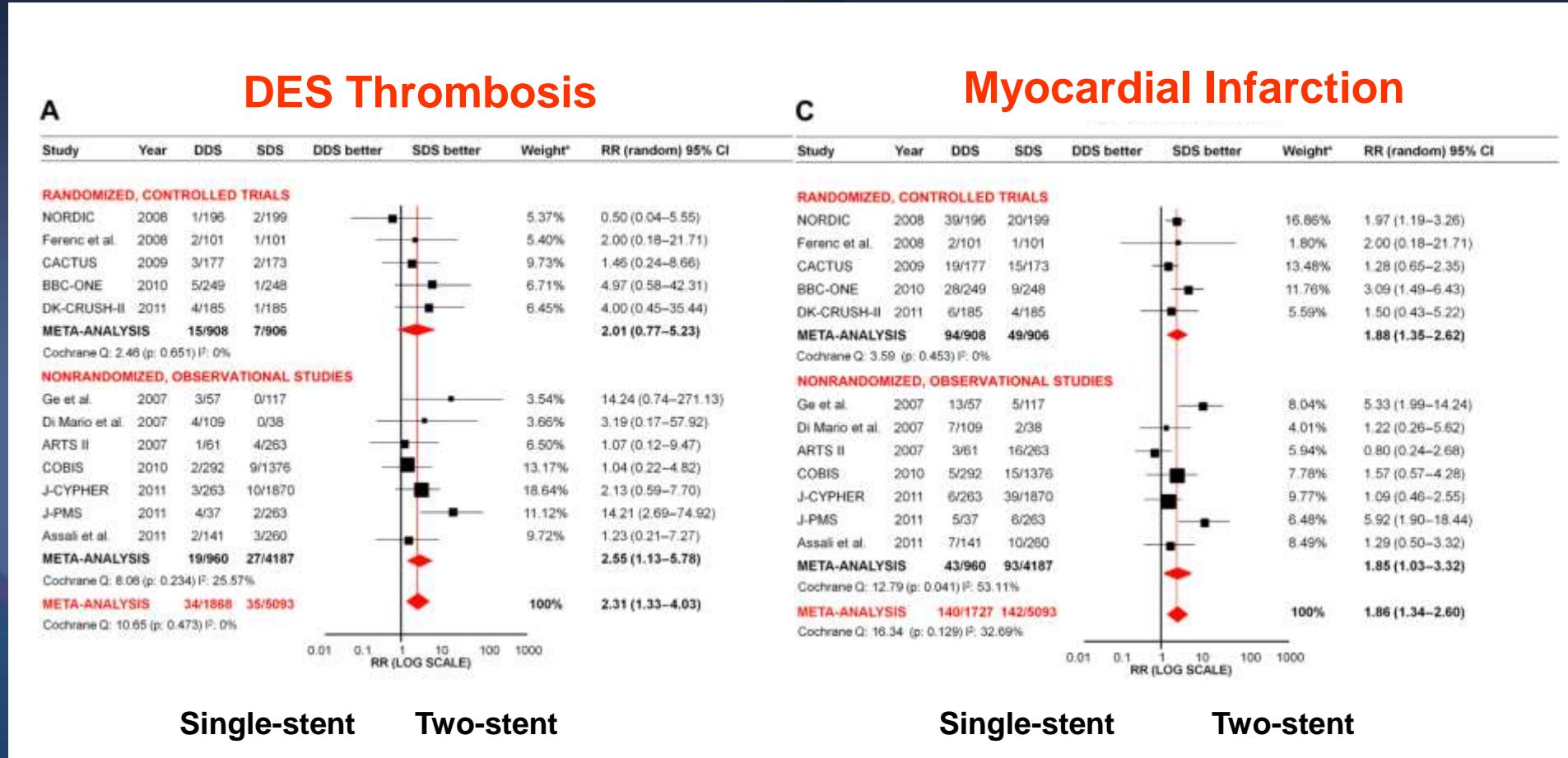
# Evolution of Bifurcation Treatment



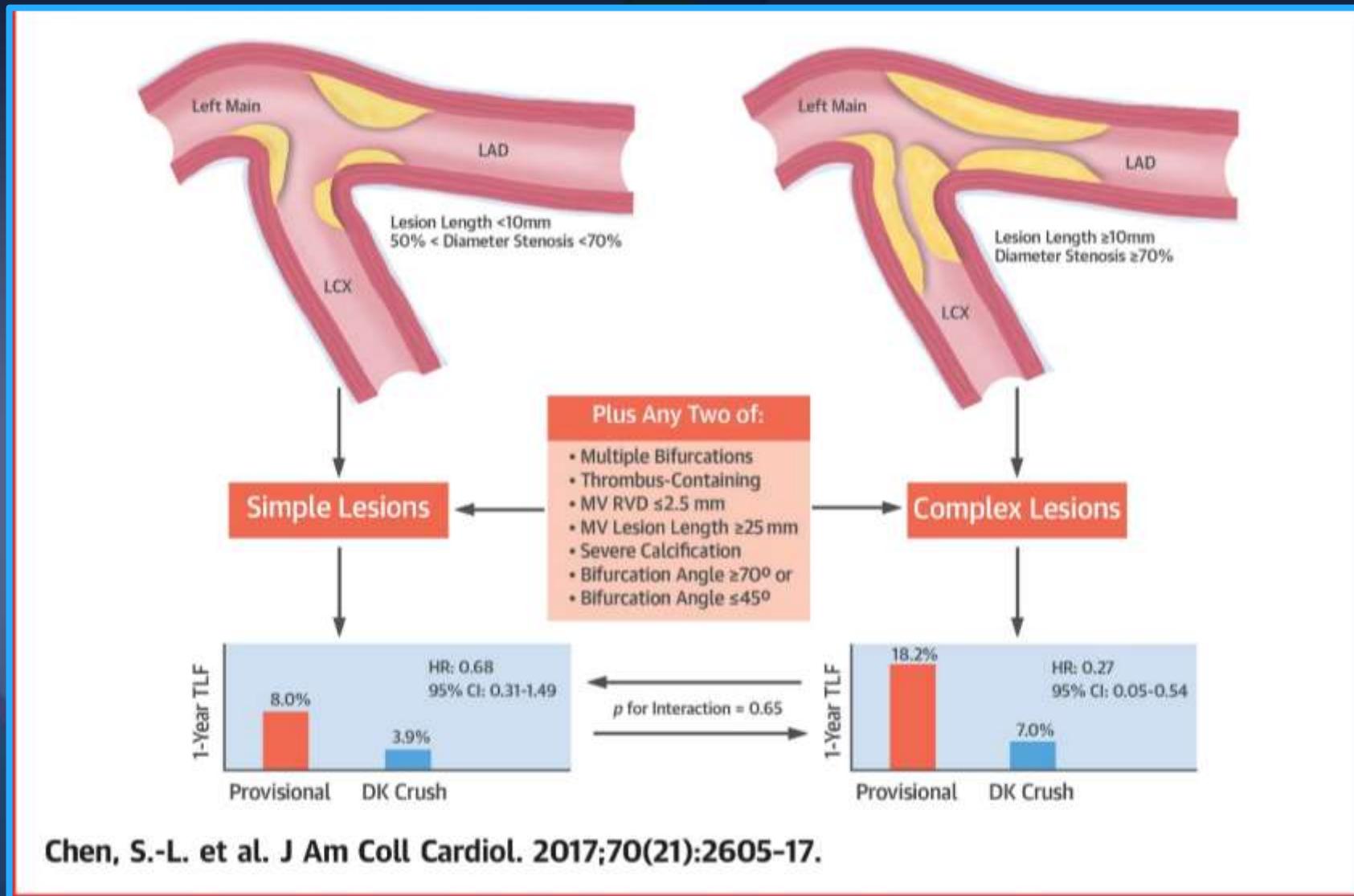
Courtesy of T. Lefevre

# Meta-Analysis of 12 Major Studies, 6961 Pts

## *Provisional Strategy Was Usually Better !*



# Better Strategy for Distal LM bifurcation? DKCRUSH-V Trial



# Better Strategy for Distal LM bifurcation?

## EBC-MAIN Trial

The European Bifurcation Club Left Main Study: rationale and design of an international, multicentre randomised comparison of two stent strategies for treatment of left main coronary bifurcation



Alaide Chieffo<sup>1\*</sup>, MD; David Hildick-Smith<sup>2</sup>, MD; on behalf of the EBC-MAIN Investigators

*1. Interventional Cardiology Unit, San Raffaele Scientific Institute, Milan, Italy; 2. Brighton and Sussex University Hospitals NHS Trust, Brighton, United Kingdom*

Patient with left main stem true bifurcation lesion (1,1,1 or 0,1,1)  
(LAD and Cx both >2.75 mm)

Suitable for stent treatment

Consent

Randomisation to either:

A: planned single-stent strategy

B: planned dual-stent strategy

# **Real-World Data Is Still Lacking...**

## **Left Main Bifurcation PCI: Merged Analysis using the Largest Real- World Left Main Database**

# Population and Inclusion Criteria

- The study population were pooled from two large-scaled, independent, multicenter, observational studies of the **IRIS-MAIN** and **IRIS-DES** registry.
1. Distal LM bifurcation stenosis >50% with ischemic symptom or positive stress test
  2. Medina type **1,1,1** or **0,1,1**
  3. LAD and LCX diameter both > 2.5mm

# Study Population

17,196 patients from IRIS-DES and 5,833 patients  
from IRIS-MAIN (n=23,129)

## Exclusion

- Non-bifurcation lesion (n=15,747)
- Non-LM lesion (n=5,050)
- Non-“true” LM bifurcation lesion (n=1,230)

A total of 1,002 patients who underwent PCI with  
“true” LM bifurcation lesion

440 patients who underwent PCI with  
simple strategy (single stent technique)

562 patients who underwent PCI with  
complex strategy (two stent technique)

# Study Endpoints

## Primary Endpoint

- Target-vessel failure : a composite of cardiac death, target-vessel MI, or clinically-indicated target-vessel revascularization (TVR)

## Secondary Endpoints

- death (cardiac or non-cardiac), MI (Q-waver or Non-Q-wave), repeat revascularization (TVR or non-TVR), and stent thrombosis.

# Statistics

- Student t-test for continuous variables.
- Fisher-exact for categorical variables.
- Cumulative incidence rates of primary and secondary clinical outcomes were estimated by the Kaplan–Meier method and tested by the log-rank statistic.
- **Propensity-score (PS) analysis using inverse-probability-of-treatment weighting(IPTW) and PS matching** were used to estimate the risk of the statin group compared with the simple strategy.

# Baseline Clinical Characteristics

Characteristic	Unadjusted Data			IPTW-Adjusted		
	1-stent (n = 440)	2-stent (n = 562)	P	1-stent (n = 440)	2-stent (n = 562)	P
Age, year	64.4 ± 10.5	64.4 ± 9.8	0.97	64.5 ± 10.6	64.6 ± 9.9	0.93
Male sex, n (%)	340 (77.3)	438 (77.9)	0.86	339 (77.1)	434 (77.2)	0.96
Body mass index, kg/m <sup>2</sup>	24.2 ± 3.0	24.7 ± 2.9	0.01	24.5 ± 3.1	24.5 ± 2.9	0.88
Hypertension	280 (63.6)	361 (64.2)	0.89	281 (64.0)	361 (64.1)	0.96
Diabetes mellitus	172 (39.1)	198 (35.2)	0.23	163 (37.0)	209 (37.1)	0.96
Current smoking	123 (28.0)	135 (24.0)	0.18	112 (25.4)	144 (25.5)	0.95
Hyperlipidemia	64 (14.5)	53 ( 9.4)	0.02	52 (11.9)	67 (11.8)	0.98
Previous MI	29 ( 6.6)	50 ( 8.9)	0.22	33 ( 7.6)	44 ( 7.8)	0.90
Previous PCI	77 (17.5)	121 (21.5)	0.13	87 (19.8)	111 (19.7)	0.97
Previous stroke	35 ( 8.0)	42 ( 7.5)	0.86	33 ( 7.4)	43 ( 7.6)	0.91
Previous heart failure	17 ( 3.9)	10 ( 1.8)	0.07	12 ( 2.6)	14 ( 2.5)	0.93

# Baseline Clinical Characteristics

Characteristic	Unadjusted Data			IPTW-Adjusted		
	1-stent (n = 440)	2-stent (n = 562)	P	1-stent (n = 440)	2-stent (n = 562)	P
Chronic renal failure	11 ( 2.5)	20 (3.6)	0.43	19 ( 4.3)	25 ( 4.5)	0.85
Clinical presentation			0.06			0.47
Stable angina	206 (46.8)	274 (48.8)		219 (49.8)	268 (47.7)	
Unstable angina	145 (33.0)	206 (36.7)		142 (32.3)	202 (35.9)	
MI	89 (20.2)	82 (14.6)		79 (18.0)	92 (16.4)	
EF Mean, %	58.8 ± 10.5	59.6 ± 9.8	0.28	59.3 ± 10.2	59.2 ± 10.1	0.94
Discharge medications						
Aspirin	427 (97.0)	557 (99.1)	0.03	432 (98.2)	552 (98.2)	0.99
ADP receptor antagonist	420 (95.5)	542 (96.4)	0.52	422 (96.0)	540 (96.0)	0.99
β-blocker	248 (56.4)	312 (55.5)	0.83	245 (55.6)	313 (55.6)	0.99
Calcium channel blocker	212 (48.2)	268 (47.7)	0.92	209 (47.6)	268 (47.7)	0.98
ACE inhibitor or ARB	204 (46.4)	254 (45.2)	0.76	197 (44.9)	252 (44.8)	0.97
Statins	167 (38.0)	221 (39.3)	0.70	170 (38.7)	217 (38.6)	0.97

# Angiographic and Procedural Characteristics

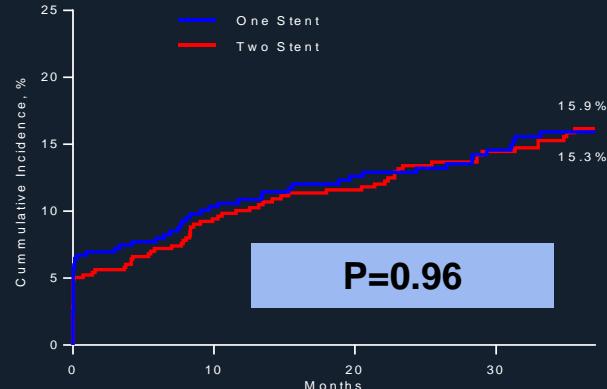
Characteristic	Unadjusted Data			IPTW-Adjusted		
	1-stent (n = 440)	2-stent (n = 562)	P	1-stent (n = 440)	2-stent (n = 562)	P
			0.46			0.98
Disease extent						
2-vessel disease	327 (74.3)	430 (76.5)		333 (75.8)	426 (75.7)	
3-vessel disease	113 (25.7)	132 (23.5)		107 (24.2)	136 (24.3)	
Medina			0.99			0.79
1.1.1	412 (93.6)	525 (93.4)		411 (93.6)	524 (93.1)	
0.1.1	28 ( 6.4)	37 ( 6.6)		29 ( 6.4)	42 ( 6.9)	
Use of IVUS	323 (73.4)	432 (76.9)	0.23	329 (74.8)	422 (75.0)	0.95

# Angiographic and Procedural Characteristics

Characteristic	Unadjusted Data			IPTW-Adjusted		
	1-stent (n = 440)	2-stent (n = 562)	P	1-stent (n = 440)	2-stent (n = 562)	P
DES type			0.47			0.93
1 <sup>st</sup> -generation						
SES	94 (21.4)	151 (26.9)		107 (24.4)	139 (24.7)	
PES	5 ( 1.1)	5 ( 0.9)		5 ( 1.2)	4 ( 0.8)	
2 <sup>nd</sup> -generation						
CoCr-EES	118 (26.8)	147 (26.2)		112 (25.4)	151 (26.9)	
PtCr-EES	82 (18.6)	105 (18.7)		80 (18.1)	107 (19.0)	
PC-ZES	73 (16.6)	81 (14.4)		70 (15.8)	83 (14.8)	
Re-ZES	28 ( 6.4)	21 ( 3.7)		27 ( 6.0)	25 ( 4.4)	
BES	32 ( 7.3)	36 ( 6.4)		30 ( 6.9)	37 ( 6.7)	
Others	8 ( 1.8)	16 ( 2.8)		10 ( 2.1)	15 ( 2.7)	

# Unadjusted 3-Year Event Rate of Clinical Outcome

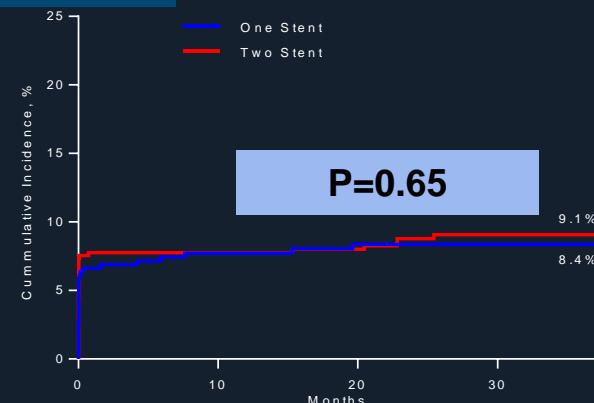
## TVF



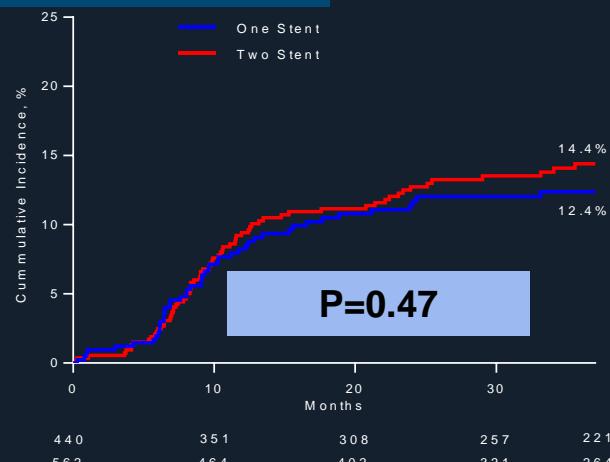
## Death



## MI

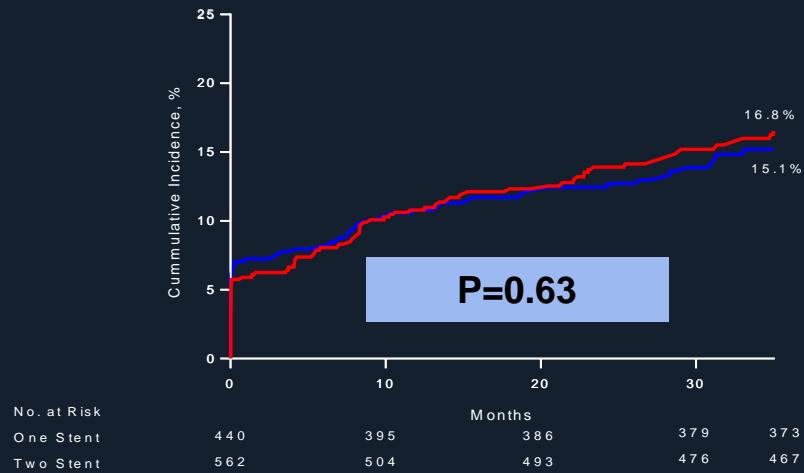


## Revascularization

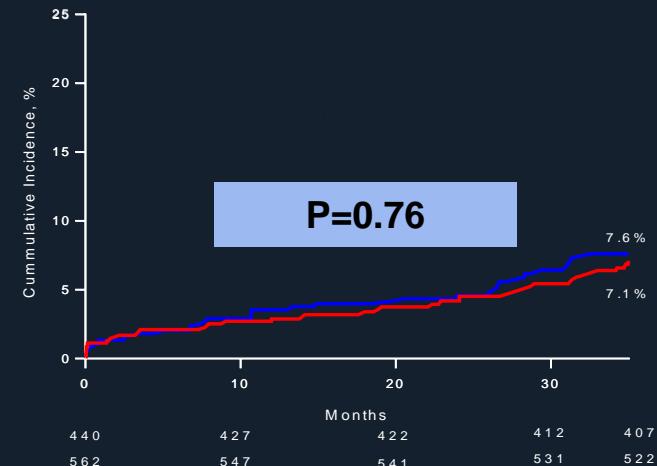


# IPTW-Adjusted Outcomes

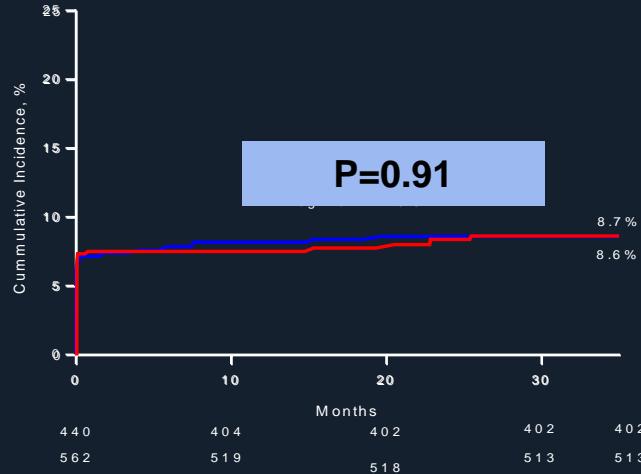
## TVF



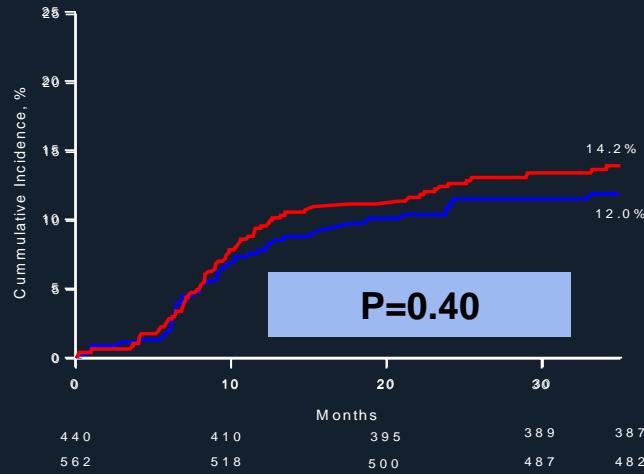
## Death



## MI

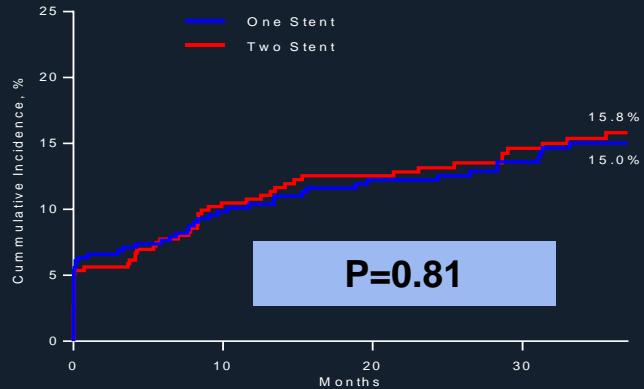


## Revascularization

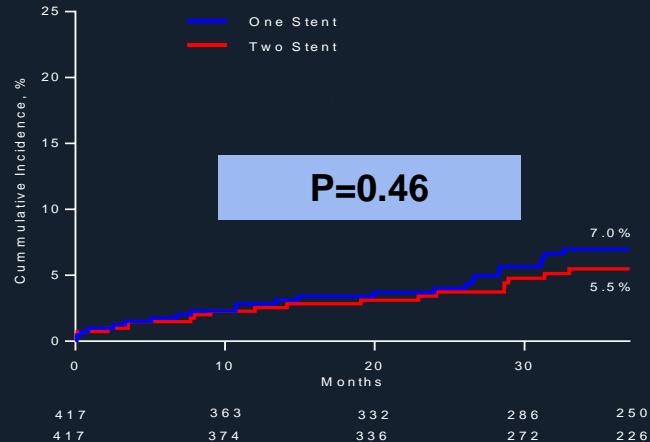


# PS Matching-Adjusted Outcome

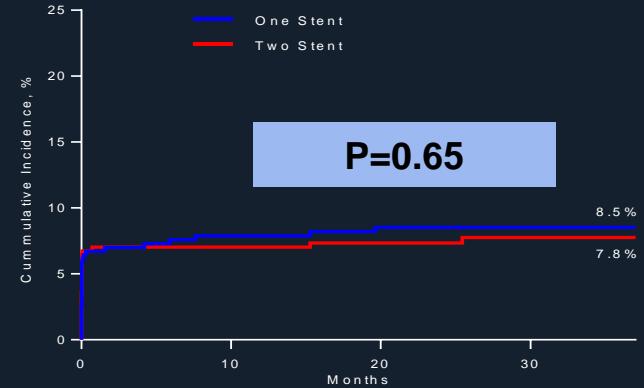
## TVF



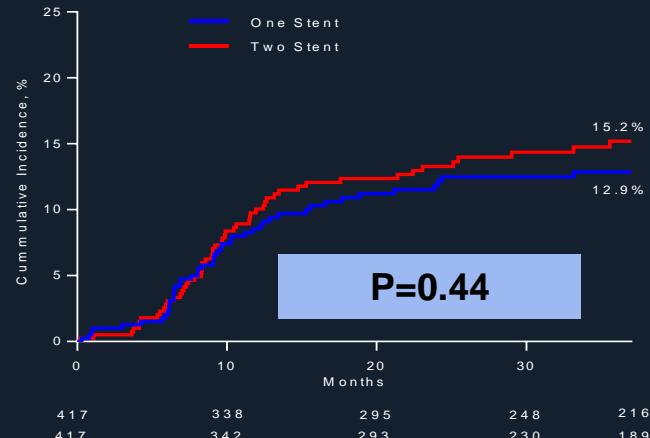
## Death



## MI



## Revascularization



# **Conclusion in Merged Analysis of Large-Sized Real-World Database 1 vs. 2 Stents for Distal True Left Main Lesions**

- Our large observational registry demonstrated that one and two stent strategies do not differ statistically in clinical outcomes in distal true left main bifurcation lesions.
- Optimal stenting strategy for complex distal left main disease is still debating and supporting evidences are also lacking.
- Further large-sized, well-designed RCTs (ie, EBC-MAIN) are required to define optimal treatment strategies for significant distal left main disease.